



## IN-HOME FAMILY THERAPY AND SUPPORT (PREVENTION PROGRAMS)

We offer an array of programs that provide **free evidence-based family therapy, counseling, coaching, and case management** to support Bronx parents, caregivers, and children.



**Interested in learning more or signing up?**

Call us at 212-633-9300 or scan the QR Code to complete our interest form:

### Strengthening our Families

**Mobility Mentoring (Evidence-Informed Model)**

Provides families with coaching and resources to promote self-sufficiency, including help creating healthy structures, assistance accessing services, and tools to maintain financial stability.

**Ages Served:**

Families with children 0-17; up to 21 for foster care

**Frequency & Duration:**

2x monthly for 8-12 months

**Languages Available:**

English & Spanish; or interpreter

### Partners for Change: Deaf Services

**Functional Family Therapy - Therapeutic Case Management (FFT-TCM)**

Provides in-home family therapy and case management, in American Sign Language, designed to strengthen families who have at least one Deaf or Hard of Hearing family member.

**Ages Served:**

Families with children 0-17; up to 21 for foster care

**Frequency & Duration:**

1x weekly for 5-7 months

**Languages Available:**

American Sign Language (ASL); or interpreter

### Kids Experiencing Young Successes

**Multisystemic Therapy - Substance Abuse (MST-SA)**

Provides intensive family therapy to assist young people exhibiting concerns including substance use. Working with the whole family, tools are shared to set the groundwork for long-term change.

**Ages Served:**

Families with children 12-17

**Frequency & Duration:**

2x weekly for 3-4 months

**Languages Available:**

English & Spanish; or interpreter

### Kids Experiencing Young Successes

**Brief Strategic Family Therapy (BSFT)**

Provides a Family Therapist & Employment/Education Specialist to decrease the behaviors of at-risk youth, such as associations with antisocial peers, drug use, and corresponding family challenges.

**Ages Served:**

Families with children 10-17

**Frequency & Duration:**

1x weekly for 3-5 months

**Languages Available:**

English & Spanish only



### PEDIATRIC HEALTH CARE

Our clinic, located in Mott Haven at 170 Brown Place, provides **trauma-informed medical care to young people ages 0-21 in the community**. Services include preventive care, well-child visits and physical exams, vaccinations and lab screenings, and sick visits. Medicaid, Medicaid Managed Care, and most private insurances are accepted.

For more info or to make an appointment, call 917-485-7140 or email [bxmedical@nyfoundling.org](mailto:bxmedical@nyfoundling.org)



### EDUCATION SERVICES

We operate Haven Academy, a Pre-K to 8th grade charter school in Mott Haven, which utilizes a trauma-sensitive curriculum. Our Road to Success program offers one-on-one tutoring to K-12 students in foster care and our family support programs. The Fostering College Success Initiative/College Choice program supports college students in care with academic, financial, and career needs.

For more info, email [info@havenacademy.org](mailto:info@havenacademy.org), [RoadtoSuccess@NYFoundling.org](mailto:RoadtoSuccess@NYFoundling.org), or [FCSI@NYFoundling.org](mailto:FCSI@NYFoundling.org)

### ADOLESCENT MENTORING PROGRAM

Provides structured mentoring and advocacy, tutoring/homework assistance, college prep, and life skills training to at-risk adolescents ages 12-21.

For more info, email [AMP@NYFoundling.org](mailto:AMP@NYFoundling.org)

### ADOLESCENT HEALTH EDUCATION INITIATIVE

Provides **comprehensive, evidence-based, age-appropriate sexual health education and resources** to young people ages 11-18.

For more info, email [AHEI@NYFoundling.org](mailto:AHEI@NYFoundling.org)

### CHILD ABUSE PREVENTION PROGRAM

Provides **school staff training, child safety workshops for elementary students, and parenting workshops** - all to help recognize, resist, and report child abuse.

For more info, email [CAPP@NYFoundling.org](mailto:CAPP@NYFoundling.org)

### SCHOOL BASED MENTAL HEALTH

We partner with 2 NYC public schools in the Bronx, working with students, staff, and families to identify and assist those in need.

For more info, email [SBMH@NYFoundling.org](mailto:SBMH@NYFoundling.org)



# BRONX PROGRAMS & SERVICES

For People with Developmental Disabilities

Our programs for people with developmental disabilities take a person-centered approach, weaving together tailored solutions so each person can live their best life. Our programs provide the opportunity for them to choose where and how they live, form meaningful relationships, explore employment, engage in their communities, and maintain good health. **The Foundling offers residential, day, community, and employment programs for people with developmental disabilities in the Bronx.**



## RESIDENTIAL SERVICES

The Foundling operates residences for adults, with options for varying support needs - from 24/7 staffed homes to independent apartments in the community. Our person-centered approach helps achieve meaningful outcomes, as our staff works with each resident to promote independence, teach daily-living skills and self-advocacy, and practice effective communication. Each person is supported by a team of trained staff, including Direct Support Professionals, Nurses, Behavioral Specialists, and our Nutrition and Program Quality Teams.



## DAY HABILITATION

The Foundling's Day Habilitation program provides structured activities for adults in a fun group setting, allowing them to develop social, interpersonal, communication, work, and problem solving skills. We operate a community-based Without Walls (WOW) program at our Bronx at 501 Southern Blvd, which offers participants the ability to integrate into the neighborhood through person-centered activities that are based on their own wants and needs - from outings to parks, volunteer days at local organizations, and more.



## COMMUNITY HABILITATION

The Foundling's Community Habilitation program provides skills training to assist children and adults in maximizing their potential for independence. A trained Foundling specialist works with each participant through one-on-one sessions in their homes or surrounding community. Together, they work to meet goals set by the participant and their family. This can include social skill development, community inclusion and relationship building, practice with activities of daily living, and educational assistance.



## EMPLOYMENT SERVICES


The Foundling's Employment Services program supports adults with developing career skills and interests, obtaining work experience, and securing and maintaining paid employment. Foundling job coaches provide a continuum of care, providing hands-on guidance and support through every step of the job-seeking process.

**INTERESTED IN LEARNING MORE?**  
**Contact our Information & Referral Team:**  
 Email: [ddinfo@NYFoundling.org](mailto:ddinfo@NYFoundling.org)  
 Phone: 212-886-4020

Scan the QR code to visit us online:



The Foundling has been accredited by The Council on Quality and Leadership (CQL) - demonstrating a high standard of care and service delivery.



REFERRALS	ELIGIBILITY
Participants are typically referred by: <ul style="list-style-type: none"> <li>Office for People with Developmental Disabilities (OPWDD)</li> <li>Care Coordinators</li> <li>Families</li> <li>Medical Providers</li> <li>Community Providers</li> </ul>	Participants in our programs: <ul style="list-style-type: none"> <li>Must be 18+ years of age (or 5+ years of age for Community Habilitation)</li> <li>Must meet Office for People with Developmental Disabilities (OPWDD) and Medicaid eligibility requirements</li> </ul>