



**The New York Foundling's  
Developmental Disabilities Division**

## **Residential Services**

Adults with developmental disabilities often have many overlapping support and health needs. While some are able to live independently or in the care of a close family member, others require more intensive round-the-clock services that are tailored to their level of need. For these people, many of whom have complex medical needs, The Foundling provides housing that is supportive and nurturing, as well as fully integrated into the surrounding community.

The Foundling provides residential services for people with developmental disabilities in all five boroughs of New York City and in Westchester, Rockland, and Orange Counties.

Our goal is to help people participate as members of their community by proactively approaching treatment planning, and providing extra support and guidance. Individuals are encouraged to make their housing, living, and support preferences known, and staff accommodate these preferences when possible. We assist people in our residential programs to engage in their communities, gain more autonomy, and participate in gainful activities - from day programs to volunteer work and paying jobs.

**Residential services are available for people at varying levels of independence. Options include:**

### **SUPERVISED RESIDENCES**



The Foundling's Supervised Individualized Residential Alternatives (IRAs) are designed and operated to provide a safe comfortable home where someone with a developmental or other intellectual disability can live independently, with the supports that they need to succeed.

**Our Supervised IRAs provide 24-hour staff support and supervision for all residents.**

### **SUPPORTIVE RESIDENCES**



Our Supportive Individualized Residential Alternatives (IRAs) are safe and comfortable homes embedded in the community, designed for individuals that can thrive with less supervision.

People living in The Foundling's Supportive IRAs learn life skills such as cooking, cleaning, money management, community integration, and medication administration - with the goal that they will someday be fully independent.

### **INTERESTED IN LEARNING MORE?**

**Contact our Information & Referral Team:**

Email: [ddinfo@NYFoundling.org](mailto:ddinfo@NYFoundling.org)  
Phone: 212-886-4020



Visit us online & watch our video!

### **ELIGIBILITY**

- Must be at least 18 years of age
- Must meet Office for People with Developmental Disabilities (OPWDD) eligibility requirements



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## Residential Services

Our residents are supported by a team of dedicated trained professionals, ensuring that they have the guidance to reach their full potential and live their best life.

Each person in our Residential Services program is supported by:

### DIRECT SUPPORT PROFESSIONALS (DSPs)



Our Direct Support Professionals work in each of our residences, devoting their attention to the care and development of the people we support. They work to that foster dignity and learning in a way that helps lead to greater independence.

### NURSING SERVICES



All of our residences provide direct nursing care to assist residents with maintaining their health and treating/preventing illness.

### BEHAVIORAL SPECIALISTS



The Foundling's behavioral health team - led by a licensed clinical psychologist and including a licensed testing psychologist, a medical director, and experienced behavior intervention specialists - supports those in our Residential Services program. Our behavioral intervention specialists use individualized positive behavioral approaches to ensure that each person can be successful within their home and community.

### NUTRITION TEAM



Our dedicated team of Registered Dietitians and Certified Diabetes Educators provide clinical evaluations, one-on-one counseling, menus with healthy choices, and host regular exercise and cooking classes. They support staff with trainings and demonstrations in addition to fun seasonal challenges and competitions!

### PROGRAM QUALITY TEAM



The Program Quality Assurance team (PQA) provides programmatic support directly to the DD Division's operations staff in order to assist with policy development, identifying issues, and supporting solutions. They work to provide continuous improvement in person-centered services and support for all residents' increased quality of life.

Working creatively and in ways that support the highest level of independence possible, they collaborate with outside providers to ensure optimal health and well-being of each person we support.

The Foundling has been accredited by The Council on Quality and Leadership (CQL) - demonstrating a high standard of care and service delivery.



**Learn more:**

Visit us online  
& watch our  
video!

